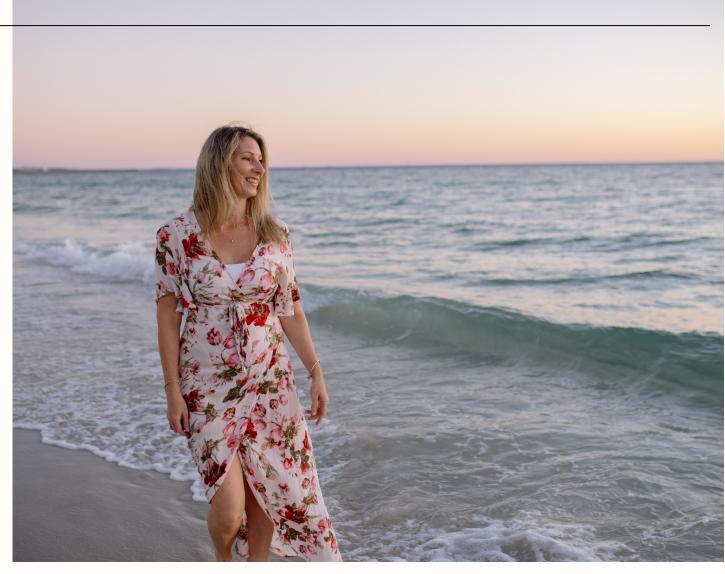
Nork with Charlotte Heal & Release, to live & love fully



Love & Relationship Coaching for singles & couples

Connect with yourself and your loved ones deeper than ever before. Heal from past hurts to LIVE and LOVE in Emotional Health & freedom.

Initial Session - 60-90 mins online or in person \$180 Following Sessions - 60 mins online or in person \$160

A trauma informed, zero judgement and SAFE space to express, be seen and heard.

Sessions intuitively guided through these principles and modalities:

- Attachment wounds
- EFT & Somatic Release
- Inner Child Work
- Masculine & Feminine Energies
- Affirmation, Meditation & Regression
- Individually created Love-work take home Workbooks to assist and accelerate healing, growth and connection derived from each Session

6 Session Bundle (save \$240)

\$720

10 Session Bundle (save \$400)

\$1,200

Charlotte is available for Workshops, Public Speaking, Women's Group Facilitation, Meditation Group Facilitation on bespoke topics by request.

If you have any questions, please do not hesitate to reach out on the details below.

Join my Facebook group for daily inspiration and neekly trainings xx much love



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